

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

JANUARY
ELDERS EVENTS
 2025



1
**Happy
 New Year**

2
 9:00 Salon Appointments
 10:00 Open Sewing
 1:00 Ceramics

3
 10:00 Casino Hopping with
 Lunch


6
 10:30 Bingo at TSCR

7
 10:00 Yoga
 12:30 Program Meeting
 1:00 Water Aerobics at
 MCWCC

8
 9:00 Walking Track or
 Open adult swim at
 MCWCC
 1:00 Instructional Bead
 work class

9
 9:00 Salon Appointments
 10:00 Open Sewing
 1:00 Ceramics

10
 1:00 Wii Bowling with
 Popcorn Bar



13
 1:00 Smudge and Visual
 Mediation
 2:00 Cup & Chatter
 Refreshment Hour

14
 10:00 Yoga
 1:00 Water Aerobics at
 MCWCC

15
 9:00 Walking Track or
 Open adult swim at
 MCWCC
 1:00 Instructional Bead
 work class

16
 9:00 Salon Appointments
 9:00 Pressure Canning
 (Chicken and Gravy)

17
 10:30 Brunch and a Movie

20
**Martin Luther
 King Jr
 Day**

21
 10:00 Yoga
 1:00 Water Aerobics at
 MCWCC

22
 9:00 Walking Track or
 Open adult swim at
 MCWCC
 1:00 Instructional Bead
 work class

23
 9:00 Salon Appointments
 10:00 Open sewing
 1:00 Ceramics

24
 12:00 Bowling at Green
 Lake Lanes

27
 9:00 Massage Therapy
 1:00 Corn Hole Tournament

28
 10:00 Yoga
 1:00 Water Aerobics at
 MCWCC

29
 9:00 Walking Track or
 Open adult swim at
 MCWCC
 1:00 Instructional Bead
 work class

30
 9:00 Salon Appointments
 9:00 Pressure Canning
 (Pot Roast)

31
 1:00 Monthly Bingo