Lunches served daily at noon. Take-outs can be picked up between 12:00 & 12:30pm. Reservations must be made by 12:00 Monday, one week in advance. Alternate sandwich of cheese or PBJ must be requested by 9:30am the day requested. Milk & juice will be available daily Contact the kitchen at (315)829-8154

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>October</b> 2024	1. STUFFED PEPPER CASSEROLE ROLL FRUIT	2. GARLIC PARMESAN PASTA WITH CRISPY CHICKEN BROCCOLI FRUIT	3. MIXED SUB ROLL W/LETTUCE AND TOMATO SEASONED POTATOES FRUIT	4. BAKED HADDOCK COLE SLAW ROLL FRUIT
7. SPAGHETTI AND SAUSAGE BROCCOLI FRUIT	8. HOMEMADE MEATLOAF MASHED POTATOES ROASTED VEGGIES FRUIT	9. PASTA FAGIOLI SOUP SALAMI & CHEESE ON A WHOLE GRAIN WHEAT THIN FRUIT	10. CREAMY WHITE CHICKEN CHILI WITH BEANS ROLL FRUIT	11. CHEESE PIZZA ON A WHOLE GRAIN CRUST TOSSED SALAD FRUIT
14. TURKEY & CHEESE PINWHEELS THREE BEAN SALAD FRUIT	15. HOMEMADE CHICKEN NOODLE SOUP WITH VEGETABLES PBJ ON A WHEAT WHIN SANDWICH FRUIT	16. BAKED HAM HOMEMADE BUTTERNUT SQUASH W/APPLES & CRANBERRIES FRUIT	17. BREAKFAST SANDWICH W/EGG AND SAUSAGE ON AN ENGLISH MUFFIN HASH BROWNS W/ ONIONS & PEPPERS FRUIT	18. OPEN FACE ROAST BEEF WITH GRAVY CALIFORNIA BLEND VEGGIES FRUIT ***Deadline to sign up for Thanksgiving lunch. Call the kitchen (315) 829-8154
21. HOMEMADE CHICKEN MASHED POTATO BOWL W/ VEGETABLES FRUIT	22. BAKED ZITI TOMATO & CUCUMBER SALAD FRUIT	23. SALISBURY STEAK W/ MUSHROOM GRAVY OVER EGG NOODLES PRINCE WILLIAM VEGGIES FRUIT	24. ITALIAN WEDDING SOUP EGG SALAD FRUIT	25. MEATBALL POT PIE W/ MIXED VEGETABLES FRUIT
28. MACARONI & CHEESE BROCCOLI FRUIT	29. WALDORF CHICKEN SALAD ON BED OF LETTUCE WHEAT ROLL, VEGGIES W/DIP FRUIT	30. SLOPPY JOE'S ON A WHEAT BUN SWEET POTATO FRIES FRUIT	31. HEARTY BEAN SOUP GRILLED HAM & CHEESE FRUIT	